

Schwinn 470 Elliptical Machine Review



By – Best Ellipticals Review



Design



The design of Schwinn 470 Elliptical Machine is really beautiful.

Worth? I must say, yes!



29 Programs

- It also comes with 29 inbuilt programs that include; 12 workout profiles, nine heart rate controls, user-defined profiles and two fitness including recovery tests and quick start. A good workout machine ensures that the health of the user is given the priority. That is exactly what the Schwinn 470 Elliptical Machine is offering.





Schwinn Dual Track 2 Backlit LCD Window



- The feature lets the user see or view the 13 display functions of the machine. Besides the machine have the ability to track the time, distance including calories and transfer the same to the Schwinn connect or even My Fitness Pal. Keep track of every workout you indulge in.



25 Eddy Current Brake

- It is also known as the ECB. It is a resistance setting having five keys to help the user decrease or to increase the fly intensity. The machine features an automated incline of up to ten degrees with the aid of the five keys.





Three Speed Fan



- Keeping cool throughout the workout period is very important. This is why the Schwinn features a fan to ensure that the user workout is done in an environmentally friendly place, and the air circulation is cool. In addition, there is a water bottle holder so that the user does not have to stop and get the water bottle in case of thirst.



Specification

- **Height of 63.2 inches**
- **Width of 28.2 inches**
- **The weight of 164lbs and a length of 70.1 inches.**

Pros

- ✓ A three-speed fan for the user to keep cool during the workout.
- ✓ A workout monitor that helps keep track of the time, distance and even calories lost during a workout.
- ✓ It comes with a step by step user guide on how to use the machine during a workout.

Cons

- × **It needs regular maintenance and proper use by following the instructions on the manual for effectiveness.**



Frequently Asked Questions (FAQs)

Q: Is the machine durable?

A: Yes. The machine is a great investment and can last for ages as long as it is used in the right manner.

Q: What are the benefits of the machine compared to other workout machines?

A: The machine has inbuilt workout monitors to keep track of your workout time, distance and calories. In addition, it has a heart rate monitor and a user guide with steps on how to use it. It is the best machine offering the most effective workout.



User Comments

- I'm very pleased with this elliptical. It operates very smoothly and quietly, and it offers plenty of features that make your workout as easy or challenging as you wish. I took notes from the time it arrived so it would hopefully help potential buyers of this model know what to expect.



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